



LifeStriders

NATURE BASED · INTEGRATIVE · THERAPIES

511 W29667 Summit
Avenue (US HWY 18)
Waukesha, WI 53188

Phone: (262) 565-6124
Email: striders@lifestriders.org
www.lifestriders.org
Fax: 866.404.3105

Participant's Consent for Release of Information

1. Participant Information

Full Name: _____ Date of Birth: _____

2. Authorization to Share Records

I hereby authorize LifeStriders to release to AND receive information from:

Organization/Name: _____

Contact Info (Email/Phone): _____

3. Information to be Released Check all that apply:

Physical Therapy evaluation, assessment, and program plan

Occupational Therapy evaluation, assessment, and plan

SLP (Speech) evaluation, assessment, and plan

Counseling / Mental Health Records

Social Skills or Cognitive Behavioral Management Plan

Billing and Payment Records

Other: _____

4. Purpose & Expiration

Purpose of Disclosure: _____

Expiration Date: This authorization will expire one year from the date of signature unless otherwise specified here: _____

5. Acknowledgments & Rights

• I understand that I may revoke this authorization at any time in writing, except to the extent that action has already been taken.

• I understand that information disclosed pursuant to this authorization may be subject to re-disclosure by the recipient and may no longer be protected by federal privacy regulations.

• I understand that my treatment, payment, or eligibility for benefits will not be conditioned on whether I sign this authorization.

Signature of Client or Legal Guardian

Date

Please send materials to: - -

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**Participant's Medical History & Physician's Statement
 (Must Be Signed by Pediatrician or Treating Medical Specialist)**

Participant: _____ DOB: _____ Height: _____ Weight: _____

Address: _____

Diagnosis: _____ Date of Onset: _____

Past/Prospective Surgeries: _____

Medications: _____

Seizure Type: _____ Controlled: Y N Date of Last Seizure: _____

Shunt Present: Y N Date of last revision: _____

Special Precautions/Needs: _____

Mobility: Independent Ambulation Y N Assisted Ambulation Y N Wheelchair Y N

Braces/Assistive Devices: _____

For those with Down Syndrome: AtlantoDens Interval X-rays, date: _____ Result + _____ - _____

Neurologic Symptoms of AtlantoAxial Instability: _____

Please indicate current or past difficulties in the following systems/areas, including surgeries:

	Y	N	Comments
Auditory			
Visual			
Tactile Sensation			
Speech			
Cardiac			
Circulatory			
Integumentary/Skin			
Immunity			
Pulmonary			
Neurologic			
Muscular			
Balance			
Orthopedic			
Allergies			
Learning Disability			
Cognitive			
Emotional/Psychological			
Pain			
Other			



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**Physician's Order for Occupational Therapy/Physical Therapy/Individual Counseling/
Group Therapy**

(Must Be Signed by Pediatrician or Treating Medical Specialist)

Participant: _____ **has been deemed eligible for:**

_____ Occupational therapy services based on evaluation

_____ Physical therapy services based on evaluation

_____ Individual Counseling and/or Group Therapy services based on evaluation

Participants Name: _____

Birthdate: _____

Parent/Guardian _____

Address: _____

Phone: _____

Physician: Please complete the items below. The form may be returned to your client, or to LifeStriders via fax or email. If clinics own prescription form is required, please be sure to include it in the returned packet. Thank you!

_____ Please provide Occupational Therapy services as needed

_____ Please provide Physical Therapy services as needed

_____ Please provide Individual Counseling/Group Therapy services as needed

Medical Diagnosis/Description of Disability: _____

Precautions/Contraindications: _____

Additional Comments: _____

This referral form will be valid for **1 year**, unless services are terminated, there is a change in the above mentioned participant's medical status, or an updated order is necessary.

Physician's Name: _____

Phone: _____

Address: _____

Physician's Signature: _____ **Date:** _____



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Medical Professional's Statement & Evaluation

(Must Be Signed by Pediatrician or Treating Medical Specialist)

Participant Name: _____

DOB: ____/____/____

Section I: Clinical Assessment of Movement Risks

The participant listed above wishes to engage in equine-assisted activities. These activities involve a horse's rhythmic, three-dimensional movement which mimics the human gait but can place significant stress on the spine, internal organs, and cardiovascular system.

Please check any conditions that apply to this patient:

Category	Potential Contraindications / Precautions
Orthopedic	<input type="checkbox"/> Atlantoaxial Instability (Required for Down Syndrome) <input type="checkbox"/> Spinal Fusion or Internal Hardware (within last 12 months) <input type="checkbox"/> Scoliosis > 30° or Kyphosis <input type="checkbox"/> Osteoporosis / Pathologic Fractures <input type="checkbox"/> Hip Subluxation / Dislocation / Coxa Arthrosis
Neurological	<input type="checkbox"/> Seizures or lack of consciousness (Date of last episode: _____) <input type="checkbox"/> Hydrocephalus / Shunt <input type="checkbox"/> Chiari II Malformation / Tethered Cord <input type="checkbox"/> Spina Bifida / Spinal Cord Injury (Level: _____)
Medical	<input type="checkbox"/> Indwelling Catheter <input type="checkbox"/> Hemophilia or easy bruising <input type="checkbox"/> Skin Breakdown / Decubitus Ulcers <input type="checkbox"/> Uncontrolled Hypertension or Heart Condition
Behavioral	<input type="checkbox"/> History of violence or self-harm

Section: Physician's Attestation

To my knowledge, there is no medical reason why this person cannot participate in supervised equestrian activities. However, I understand that LifeStriders will weigh the medical information above against existing industry precautions and contraindications.

I concur with a review of this person's abilities/limitations by a licensed/credentialed health professional (e.g., PT, OT, Speech, Psychologist, etc.) and LifeStriders staff in the implementation of an effective and safe equestrian program.

Medical Professional Name/Title: MD DO NP PA Other: _____

Signature: _____ **Date:** _____

License / NPI Number: _____ **State:** _____

Address: _____

Phone: _____