



511 W29667 Summit  
Avenue (US HWY 18)  
Waukesha, WI 53188

Phone: (262) 565-6124  
Email: [striders@lifestriders.org](mailto:striders@lifestriders.org)  
[www.lifestriders.org](http://www.lifestriders.org)  
Fax: 866.404.3105

## Life by the Reins Social Skills Group Application

### General Information

Participant: \_\_\_\_\_  M  F

DOB: \_\_\_\_\_ Age: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Veteran:  Y  N

Ethnicity: (For grant writing purposes) \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Alternative Phone: \_\_\_\_\_ Email \_\_\_\_\_

Employer/School: \_\_\_\_\_

Grade: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Parent/Legal Guardian: \_\_\_\_\_

Address (if different from above) \_\_\_\_\_

Phone: \_\_\_\_\_

Referral Source: \_\_\_\_\_

Contact Numbers: \_\_\_\_\_

How did you hear about the program?  
\_\_\_\_\_



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### Authorization for Emergency Medical Treatment Form

Name: \_\_\_\_\_

Date of Birth: _____	Home Phone: _____	Email: _____
Address: _____	City: _____	State: _____ Zip: _____
Physician's Name: _____	Medical Facility: _____	
Health Insurance Company: _____	Policy #:	Primary insured DOB: _____

Allergies to medications: \_\_\_\_\_

Current Medications (including over the counter) : \_\_\_\_\_

In the event of an emergency, contact:

Name: _____	Relation: _____	Phone: _____
Name: _____	Relation: _____	Phone: _____
Name: _____	Relation: _____	Phone: _____

In the event emergency medical aid/treatment is required due to illness or injury during the process of

In the event emergency medical aid/treatment is required due to illness or injury during the process of receiving services, or while being on the property of the agency, I authorize LifeStriders to:

- Secure and retain medical treatment and transportation if needed.
- Release client records upon request to the authorized individual or agency involved in the medical emergency treatment.

#### Consent Plan

This authorization includes x-ray, surgery, hospitalization, medication and any treatment procedure deemed "life saving" by the physician. This provision will only be invoked if the person(s) above is unable to be reached.

Consent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent or Legal Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_



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Primary Diagnosis:

Secondary Diagnosis:

**HEALTH HISTORY**

Please indicate current or past problems in the following areas:

	Y	N	Comments
Vision			
Hearing			
Sensation			
Communication			
Heart			
Breathing			
Digestion			
Elimination			
Circulation			
Emotional			
Behavioral			
Pain			
Bone/Joint			
Muscular			
Thinking/Cognition			
Allergies			

What medications is your child/teen currently taking including over-the-counter medications? If prescribed medication, please list medication name, purpose, dosage, and time.

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What is your primary reason for enrolling your child/teen in Life By the Reins?

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FUNCTION Describe your child/teens abilities/difficulties with communication and mobility skills.

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SOCIAL (i.e. Work/school including grade completed, leisure interests, relationships-family structure, support systems, companion animals, fears/concerns, etc.) Also please describe your child/teens personality.

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GOALS. What would like to accomplish within the first 8 week session? Prioritize at least three goals for Life By the Reins staff to concentrate on?

1. 

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2. 

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3. 

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What social areas is your child successful/comfortable with?

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What social areas does your child struggle with?

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What triggers negative behaviors from your child or teen?

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Does your child have sensitive subjects staff should be aware of?

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What strategies work well to motivate your child?

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How is the issue for which you are seeking treatment affecting the following areas of your life?

	No effect	Little Effect	Some effect	Significan Effect	Not pplicable
Friendships					
Family					
Job/School Performance					
Financial Situation					
Physical Health					
Mood					
Anxiety Levels/Nerves					
Ability to Concentrate					
Eating Habits					
Sleeping Habits					
Ability to form lasting					
Ability to Control Anger					
Other:					

PARENTS, would you be interested in participating in ONE parent support group throughout each eight week session at the same time as your child's/teens social skills group? Yes No

Additional Comments:

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### **PARTICIPATION WAIVER AND GUEST LIABILITY RELEASE AGREEMENT**

As a participant/rider at LifeStriders, I acknowledge the risks and potential risks of horseback-riding and equine related activities. (Under the Wisconsin Equine Activity Civil Liability Act [WI Statute 895.481], each participant who engages in an equine activity expressly assumes the risks of engaging in and legal responsibility for injury, loss or damage to person or property resulting from the risk of equine activities) However, I feel that the possible benefits are greater than the risks assumed. I hereby, intending to be legally bound, for myself, my heirs, and assigns, executors or administrators, waive and release forever all claims for damages against LifeStriders, Inc., its Board of Directors, Advisors, Board, Action Committee, Instructors, Subcontracted Instructors, Therapists, Subcontracted Therapists, Aids, Volunteers, and/or Employees for any and all injuries sustained while participating in the LifeStriders program. All Volunteers and guests (guests = participants, siblings, parents, other relatives, friends) entering LifeStriders premises understand that they will be in contact with animals, and assume the risk of injury, and that it is possible that I or my guest(s) be bitten, scratched, and/or otherwise injured while on LifeStriders premises. I also understand that I or my guest(s) may be exposed to equine and/or other animal illness and disease and that it is also possible that I or my guest(s) could indirectly expose other animals to such illness and disease. My signature to this liability release attests to my, and my guest(s) intent to hold harmless and release from all liability against LifeStriders Inc., its Board of Directors, Instructors, Subcontracted Instructors, Therapists, Subcontracted Therapists, Volunteers, and or Employees for any and all injuries and or losses I or my guest(s) may sustain, while attending LifeStriders premises.

Participant's Name (please print): \_\_\_\_\_  
Participants Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Parent/Foster Parent/Guardian's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Must be signed parent/guardian if volunteer is under the age of 18

#### **PHOTO RELEASE**

- I  DO
- DO NOT

consent to and authorize the use and reproduction by LifeStriders of any and all photographs and any other audio/visual materials taken of me for promotional material, educational activities, exhibitions or for any other use for in benefit of the program.

Consent Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Client, Parent, Foster Parent or Legal Guardian



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## SAFETY RULES

LifeStriders strives to provide a safe riding experience for all of our participants and requires that all participants, families and volunteers abide by our safety regulations. Please review and sign our safety rules.

- Please reserve parking in front of the building for Riders and Participants. Volunteer and Staff parking is available in the back two thirds of the front lot and rear of the building.
- To avoid traffic jams in the driveways please arrive earlier than your designated class time.
- Parents/caregivers must keep siblings, friends and relatives of the rider in the Viewing Areas.
- Please do not bring pets.
- When a volunteer escorts a participant to the parents/caregiver, upon class completion, the parents/caregivers need to contain the rider to the Viewing Areas
- Parents/caregivers will be solely responsible for the participants before and after arena/therapeutic riding time is completed
- Parents/caregivers please walk to the gate to meet your participant after they have dismounted the horse. Once participants are done with arena/therapeutic riding time, parents/caregivers are asked to please help their rider with feeding treats to the horses.
- Parents/caregivers need to remain on LifeStriders premises during therapeutic riding and/or Social skills group sessions.
- For training and safety purposes, we ask that volunteers and participants NEVER HAND FEED THE HORSES.
- Hitting or kicking of horses is NEVER allowed, and will result in dismissal from the program.
- NO guns, knives, weapons or violence of any kind are allowed on LifeStriders premises. This is a zero tolerance rule.

Violators will be asked to leave and not allowed to return.

- Please do not climb or lean on any fences, gates or doors.
- No one is to enter the Barn Manager's apartment or other buildings on the property, other than the barn.
- In order to ensure the safest riding conditions, we ask that children and visitors refrain from screaming, running, or ball playing on the premises.
- Only the participant and staff/volunteers are allowed in the teaching arena, unless parent or health care professional presence is requested by instructor.
- Please keep the guidance given to riders in alignment with the therapeutic riding instructor's directions.

### Attire

- A helmet must be worn by participants at all times during the lesson hour.
- Participants MUST wear long pants to ride, jeans are preferred.
- All participants must wear shoes. No one will be allowed to ride or be around the horses if they are bare foot or in sandals. We prefer the shoes have a 1/4" heel rather than tennis-type shoes. Volunteers must wear sturdy non-opened toed shoes. We do not recommend steel-toed shoes.
- Volunteers- Please refrain from wearing clothes that is too tight or revealing- No tank tops, bra tops etc.

I have read and understand LifeStriders Safety Policy

Volunteer Signature: \_\_\_\_\_

Date \_\_\_\_\_

Participant Signature: \_\_\_\_\_

Date \_\_\_\_\_

Parent/Foster Parent/Guardian Signature: \_\_\_\_\_

Date \_\_\_\_\_



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## LifeStriders Progress Reporting

At LifeStriders we strive to provide services that enhance the lives of individuals in a variety of ways. Please answer the following questions to help us design a program that fits the needs of our clients. Thank you.

1. What lead you to seek Social Skills/Counseling services?

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2. The concerns you want to address, for the most part, are: (please check one)

- a. Psychological (assertiveness training, building self-esteem, anxiety, depression, anger, etc.)
- b. Behavioral (ADHD related symptoms, oppositional, defiant, etc.)
- c. Physical (Symptoms related to Cerebral Palsy, Down Syndrome, Neurological Disorders, Paralysis, or other medically diagnosed conditions)
- d. Speech and Language
- e. Other \_\_\_\_\_

3. How serious are your concerns?

1	2	3	4	5	6	7	8	9	10	
Not Serious					Moderately Serious					Very Serious

4. Occurrence of concern(s) before starting Social Skills/Counseling services:

- At least once a day    2-3 times a week    Once a week    Once every 2 weeks    Once a month

5. Frequency of overcoming concern(s) before starting Social Skills/Counseling services:

- At least once a day    2-3 times a week    Once a week    Once every 2 weeks    Once a month

Additional comments: \_\_\_\_\_

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**LifeStriders**  
NATURE BASED · INTEGRATIVE · THERAPIES

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## DISMISSAL OF VOLUNTEERS AND GUESTS FROM CENTER ACTIVITIES

LifeStriders recognizes the extreme importance of the safety and well-being of our clients, volunteers, staff, guests and animals. All persons on LifeStriders' premises and/or engaging in any of LifeStriders' activities, are expected to follow LifeStriders rules and policies and may not engage in disruptive, unsafe or inappropriate behavior. In the event that any person does not comply, **the following actions may be taken:**

### Level 1 Verbal Warning

Breaking of LifeStriders rules and /or policies and procedures may be followed by a verbal warning from LifeStriders Staff to be documented in the incident report book.

### Level 2 Written Warning

Breaking of LifeStriders rules and/or policies and procedures for a second time will be followed by a Personnel/Staff meeting for discussion regarding the infraction. The purpose of the meeting is to determine the exact reason the infraction occurred for second time and discuss with the person how to avoid the circumstance ever occurring again. This meeting will be documented and placed in the incident report book.

### Level 3 Dismissal from Organization

Immediate dismissal from the property and organization will occur for:

- Endangering the safety of others
- Inappropriate use of the facilities, mailing lists or monies
- Disruptive or abusive behavior to the animals or individuals at LifeStriders
- Repeated disregard of the organizations rules, policies and procedures
- Possession of a weapon, illegal drugs or a paraphernalia
- Being under the influence of alcohol or drugs

## DISMISSAL OF VOLUNTEERS AND GUESTS FROM CENTER ACTIVITIES

I have read and understand the policies and program rules by which LifeStriders operates. By signing below, I indicate my willingness to abide by these rules and policies. I further understand that failure to comply with these policies and rules will result in discharge from the program.

Volunteer Name (please print): \_\_\_\_\_

Date \_\_\_\_\_

Volunteer Signature: \_\_\_\_\_

Date \_\_\_\_\_

Parent/Guardian (please print) \_\_\_\_\_

Date \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_



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### LifeStriders Payment Policy

LifeStriders is now accepting Major Credit Cards.

**PAYMENT POLICY:** LifeStriders is a non-profit organization that is committed to offering accessible therapeutic services to our community. We raise funds to offset the cost for parents or participants paying out of pocket and who are not receiving any form of assistance through county agencies, grants, funds etc. One of the ways we are able to keep our prices significantly below going rates is by minimizing accounting costs. LifeStriders charges \$40.00/per therapeutic hour if paid for an entire session in advance, or \$85.00/per therapeutic hour if paid one (1) week past the session start date, if the participant receives any source of outside funding, or if the participant chooses to stop after starting the session. To secure the \$40 per therapeutic hour rate, we require that the entire session enrollment fee be paid in advance to reserve a spot.

**\*\* Billing County Agencies -** If you or your child has a case with Milwaukee County and billing has been paid through them in the past, we will continue to bill accordingly unless you tell LifeStriders otherwise.

Parents/guardians must email/contact us of any changes in billing agencies, case managers or responsible parties in advance. If payment is not received, the parent(s)/guardian(s) are responsible for any outstanding fees.

**\*\* Billing Insurance -** LifeStriders will collect payment for all participants at the out of pocket rates to reserve the participants spot and pay for sessions cost up front. LifeStriders will bill your insurance agency at \$225 per therapeutic hour. If and/or when insurance remits payment to LifeStriders for dates of service, LifeStriders will reimburse or credit any out of pocket payments for previously paid dates of service. Deductible, co-pay's and co-insurance payments are the responsibility of the named insured card holder/parent(s)/guardian(s), and previous out of pocket payments will be credited towards patient responsibility balances. If billing has been paid through insurance in the past, LifeStriders will continue to bill the same plan unless you tell LifeStriders otherwise. Parent(s)/guardian(s) must email/contact us of any changes in insurance plans, or responsible parties in advance. If payment is not received from insurance, the parent(s)/guardian(s) are responsible for any outstanding fees at the out of pocket rates.

I have read and understand the payment policies by which LifeStriders operates. By signing below, I indicate my willingness to abide by these rules and policies.

Participants Name: \_\_\_\_\_

Date \_\_\_\_\_

Participants Signature: \_\_\_\_\_

Date \_\_\_\_\_

Parent or Guardian Name: \_\_\_\_\_

Date \_\_\_\_\_

Parent or Guardian Signature: \_\_\_\_\_

Date \_\_\_\_\_



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### Participant's Consent for Release of Information

I hereby authorize:

\_\_\_\_\_

to release information from the records of:  
(participant's name)

DOB

\_\_\_\_\_

The information is to be released to: LifeStriders Staff / Therapists / HCDS

\_\_\_\_\_

For the purpose of developing a therapeutic activity program for the above named participant. The information to be released is marked below.

- Medical History
- Physical Therapy evaluation, assessment and program plan
- Occupational Therapy evaluation, assessment and program plan
- Speech therapy evaluation, assessment and program plan (I.E.P.)
- Classroom Individual Education Plan
- Psychosocial evaluation, assessment and program plan
- Cognitive-Behavioral Management plan
- Other \_\_\_\_\_

Consent Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Please send materials to: - -

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